



ICE SKATING WAIVER

Name: _____

Address: _____

City/State/Zip Code: _____

Phone: _____ DOB: _____ Age: _____

E-Mail: _____

RULES and REGULATIONS: As a guest, you acknowledge the need for certain rules and regulations and agree to abide by all such rules and regulations in effect and as may be changed by the MetroRecPlex leadership team in the future.

LIABILITY for PERSONAL PROPERTY: We are not responsible or liable for personal property of members, guests, or invitees that may, for any reason, be lost, stolen, or damaged on or around the MetroRecPlex premises. This includes vehicles, and contents of vehicles, and the contents in the lockers.

HEALTH: You, the guest, warrant to the MetroRecPlex that you are either in good health or have been released by your doctor to pursue physical activity or participate in any program or activity associated with our MetroRecPlex. While you are encouraged to discuss any medical limitations with a member of the MetroRecPlex staff, we are not physicians or pharmacists and cannot prescribe treatments for any of your chronic health or medical conditions.

ASSUMPTION of RISK: You, the guest, acknowledge that (1) the MetroRecPlex does not manufacture any of the fitness or other equipment in this facility. (2) the MetroRecPlex does not manufacture any vitamins, food products, sports drinks, nutrition supplements, or other consumable products sold at this facility. (3) the MetroRecPlex or any of its employees, officers, directors, or agents shall not be held liable for any such defective equipment or products. You, the guest, shall hold the MetroRecPlex harmless against any injuries or losses you may suffer.

WAIVER of LIABILITY: You, the guest, acknowledge that the use of MetroRecPlex facilities, equipment, merchandise, services, and programs (including personal training), involves the inherent risk of personal injury to yourself, guest, and invitees. You voluntarily agree to assume all risk of personal injury to yourself, spouse, partner, children, unborn children, other family members, guests, and invitees while using the MetroRecPlex, its equipment, supplies, or supervised or unsupervised programs in exercise rooms, on running tracks, in swimming pools, courts, ice rinks, locker rooms, showers, dressing rooms, grounds, and parking lots and waive any and all claims or actions that you may have against the MetroRecPlex or any of our officers, directors, employees, agents, or successors.

Signature: _____ Date: _____

MetroRecPlex Staff Initials: _____ Date: _____